

THE NEWSLETTER OF THE  
**University of Virginia**  
**Women's Club**

Fall Term, 2019

**Letter from the President**

Dear Ladies of the University of Virginia Women's Club,

“If you love life, Life will love you back.” Arthur Rubinstein

I have a special friend (initials MG) who kept recommending me to come join the Women's Club for many years. This went on for longer than I can remember. Finally, five years ago, I tried the Women's Club and I fell in love with it. (She knew a good thing when she saw it.) Thank goodness I finally saw the light. So, I sit here today writing you a letter as your President. It is overwhelming and daunting to me, and I promise you I will do my best to serve you and follow in the footsteps of past Presidents. You might have guessed who is MG! Several of us have similar stories of Marjie Giuliano. I know some of you are nodding your head and agreeing with me for this very same reason.

So, it is with a grateful heart that I invite you to a fun and exciting year in the Women's Club. There are many new and wonderful events planned by each Interest Group for all of us to enjoy this year. When you stop and think about it, this club is only as good as its members and volunteers. Therefore, we are extremely lucky to have talented and generous women donating their time and efforts to enrich our activities. I am proud to say that you have made this a special community by enriching and incorporating your lives and talents with us. Each one of us brings a unique talent to share, and the list of what we can accomplish is endless. A positive “can do” attitude brings us very close to perfection. Each one of us is called upon to share our talents and interests and lend a hand. This year will be “The Year of the Volunteer,” where we say thank you to them for everything they do, and lend a hand. Each one of us can make a difference, whether it be a smile or an elaborate event. The tradition of our club is to have a community where we work together towards the common good. I hope you will communicate to me any concern you may have, so we can work together to find a solution.

Our Board held a meeting on August 8, 2019, to discuss the plans for this academic year. One change we are hoping to make is to amend the Constitution and Bylaws to add a Membership Secretary to the Executive Board. If this passes your vote, Pamela Barth, current Membership Committee Chair will take the new title/position. Following amendment procedure, you were notified 30 days ahead of the vote, which will take place at the Fall Meeting. Our hope is that you vote to pass these amendments.

We start this academic year with our **Fall Meeting. It will be held at St. Paul's Church in Ivy, on Wednesday, September 11, 2019 at 1:00 pm.** We will open the meeting with a social hour, with an array of sweets to enjoy, to meet and greet old and new friends and to sign up for special Interest Groups. Some Interest Groups have additional dues that you may be able to pay at the Fall Meeting, so it is a good idea to bring your checkbook. The Business Meeting will follow at 2:00 pm and then, around 3:00 pm, **Dr. JoAnn Pinkerton, our honored guest speaker from the University of Virginia, will present on “Menopause and Healthy Aging.”**

Doctor Pinkerton is a Professor of Obstetrics and Gynecology and Division Director of Midlife Health Center at the University of Virginia. She is Executive Director Emeritus on The North American Menopause Society (NAMS). She is a NAMS Certified Menopause Practitioner (NCMP), and a long-time Executive Director of a NAMS Certified Menopause Practice. She has been a dear friend of the Grisham Family for decades. See her Biographical Sketch following.

Thanks to Theodora Carey's hard work as 2018~2019 President, we face this 71<sup>st</sup> year in excellent shape. The Executive Board, The Board of Directors, Committee Chairwomen and Interest Group Leaders have been hard at work this summer to provide you with many exciting events this year. I hope you will find them to be enticing. The Special Events, Trips, and Interest Groups are not only enjoyable, but also educational. Make sure you try several of them to experience the

joy of learning from these special meetings and excursions. Each has a lot to offer you. Write the following dates down on your calendars, and for details see the information herein.

### Important Dates:

Fall Meeting is on Wednesday, September 11, 2019, at 1:00 pm., St. Paul's Ivy

Fall Newcomers Coffee is on Tuesday, October 15, 2019, at 10:00 am. All are welcome!

Fall Bus Trip to historic Petersburg is on Thursday, November 7, 2019, at 7:30 a.m. to 5:30 p.m., \$85.00.

Valentine's Day "High Tea" is on Friday, February 14, 2020, at 2:00 to 4:00, Darden Business School

Theater Night, "Once Upon a Mattress," a Musical by Mary Rogers and Marshall Barer is on Thursday, April 2, 2020, at 8:00 pm, the University's Culbreth Theater. Dessert Reception at 7:00 pm.

\*More information is available on the following pages of this newsletter.

For the **Fall Coffee**, please invite potential members to come see what we are all about. They can be friends, neighbors, or acquaintances. The only requirement is past or present employment at the University or are a spouse or partner of a past or present employee. Also, make sure you explore each Interest Group at the Fall Meeting during our social hour at St. Paul's Church. There will be tables at the meeting where you can find out about the **Antiques Group**, **Book Group**, **Bridge Group**, **Crafty Ladies Group**, **Garden Group**, **Gourmet Group** and **Walking/Hiking Group**. There will also be a **Philanthropy** table, with information about our support of the Women's Center at the University of Virginia. Personal donations are welcome and count toward our total annual gift. Also, Liz Marshall (in her witch's costume) will be collecting bags of candy for Halloween, for UVA students to pass out to the children who are "Trick-or-Treating on The Lawn." Please bring to the Fall Meeting a **large bag of candy** or a **monetary donation** so we can purchase enough candy. Sponsored by University Housing and Residence Life, the event attracts not only University families but many from the greater Charlottesville community, as well.

Our website, <http://www.indorgs.virginia.edu/womensclub/> is a valuable tool for you to use during the year. I urge you to try it once it is updated in late September 2019. It will contain our 2019~2020 Handbook information. Don't forget, the password, which is **silverteapot**, will let you see the password-protected directory of members and Interest Groups' schedules for the academic year, etc. For this year, "The Year of the Volunteer," we will add a **Bulletin Board** link to the website to offer you a glimpse of other suggested ways to volunteer. Soon, we will add Martha Weiss' "Call to Arms," to volunteer at The Cancer Center. The website will be updated by Charles Grisham after the Fall Meeting when all of our club information is finalized. Please contact me, Rosemary Grisham, at [roseinivy@embarqmail.com](mailto:roseinivy@embarqmail.com) for information and/or contributions of club activities and members for 2019~2020 to the club website ASAP and throughout the year.

For the **Fall Meeting** and for **Theater Night**, we will be asking for volunteers to bring sweets and desserts, such as cookies, brownies or bars, to share with everyone – all hand-held food, please, for the **Fall Meeting**. We will be grateful for your help (and for the sweets!). Email me at [roseinivy@embarqmail.com](mailto:roseinivy@embarqmail.com) if you wish to **sign-up to contribute**. We may call you if more desserts are needed. Please come early to set up at St. Paul's Church at 12:00 noon, if you are available. All help is welcomed. Remember, it is "The Year of the Volunteer." Our talented floral designer, Carolyn Adams, is already planning to bring a centerpiece. Marjie Giuliano will set up the tablecloths, and Interest Groups will bring their posters.

I wish all of you the very best this year at the UVAWC. I want to thank Lainie Rainwater, Grace Giras, Pamela Barth, Gale McCartney, the Officers, Board Members, Committee Chairs, and all the Interest Groups Leaders for their hard work.

I look forward to seeing all of you on **Wednesday, September 11, 2019 at 1:00 pm at St. Paul's Church in Ivy.**

My Very Best Wishes for a grand year.

*Rosemary Grisham*

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